

BIAC Air Quality Policy

Updated: October 2019

At BIAC, personal responsibility is a principle of membership. Here are some resources so YOU can make an informed decision regarding paddling/rowing/erging during a time of poor air quality.

We ask each member to assess their own health and the air quality before exercising. It is critical to also determine the appropriate exertion level of your work out.

[Here is a link](#) to a resource you can read about AQI. This is a good resource in terms of understanding the Air Quality Index and how its values should be interpreted.

For a display of AQI in the Bay Area, go to [this page](#) on www.airnow.gov. Another AQI display resource is [this page](#) at www.baaqmd.gov.

If you participate in a coached program, practices may be canceled or modified to low intensity/technical rows. Participation in the coached programs is voluntary, if you are not comfortable with the air quality, please sign yourself out.

Note, BIAC's inside facilities are not sealed or air conditioned and therefore are assumed to have similar AQI as the outside.

Any BIAC programming for children will be cancelled that day if the AQI is at or above 150.

The junior rowing programs (eg Norcal, Serra) who have responsibility for the children in their care will make their own decisions based on air quality, and are aware of the resources and issues described above and how AQI affects youth.